

COMMON GROUND

NRH Community Garden

It's June!



"One of the most delightful things about a garden is the anticipation it provides."

- W.E. Johns

*Our summer crops
are starting to
ripen!*

Upcoming Events

The following events are contingent on quarantine measures in place at the time!

June

NO Garden Workday in June

Find a time to come out and work in common areas, pulling weeds, and cleaning up shed. Please keep your plot free of weeds and insect infested plant growth!

July 18

Monthly Garden Workday Starting at 8:30 am Common Ground

We hope to have a workday in July. We will practice social distancing and request you wear a mask. If you do not want to attend on the 18th, please find another time to come and work in the common areas.

**Growing your
own vegetables
is food for both
mind and body!**

Community Garden Spotlight



Jay and Susan Miller (Plot 307)

Susan is a medical technologist at Carter BloodCare with a degree from the University of Texas at Austin. She specializes in antibody ID's. Jay is a professional aviation photo-journalist. His degree is also from the University of Texas at Austin. Susan and Jay have been married for 46 years. They have two daughters; Missy is the full-time mother of their two grandchildren (Emily and Miller), and Anna is the head of orthopedic trauma surgery at Barnes Jewish Hospital in St. Louis, Missouri. Susan and Jay have many hobbies. Her great love is gardening (she is a Master Gardener) and Jay's great love - when he is not chasing airplanes - is sportscars (Porsches and Ferraris in particular!) They are new members of our garden, so if you see them, give them a social-distance shout out!



**A garden
is a friend you
can visit anytime!**

WHAT'S BLOOMING IN THE GARDEN?

Besides vegetables, Common Ground has a lot of beautiful blooms for our gardeners pleasure!



Our Monarch Butterfly Way Station is ready for butterflies to flit in and enjoy the flowers!



Our Vitex (or Chaste) trees are in full bloom. They are matching centerpieces in our garden.



USING BAKING SODA IN THE GARDEN



Baking soda for plants can be an effective solution for many problems in your garden. It is 100% ecological, and baking soda can be used at any time of the year, in every corner of the garden. It is biodegradable and nontoxic. Here are three of the ways you can use it in your garden.

Keep Pests Away



Sprinkle baking soda on your soil with a flour sifter to keep roaches and slugs away from your garden. (Be sure to avoid your plants!)

Powdered sugar and baking soda are a natural ant killer that creates a fatal bait. Mix equal amounts of the ingredients and sprinkle over ant hills. When the ants eat the mixture, they carry it back to their nests, killing the ants within.

Nothing can be more frustrating on a beautiful plant than powdery mildew or leaf spots. Give this natural remedy a try.

Mix 1 teaspoon of baking soda and 2 to 3 drops of liquid soap in 1 quart of water. Spray the solution on the infected plants. Baking soda helps the plants become less acidic and prevents fungal growth.

Prevent Fungal Disease



baking soda + liquid soap + water + spray bottle

Sweeten Tomatoes



Nothing is better than sinking your teeth into a sweet, juicy tomato right from the garden. Baking soda can actually make them taste even better! Sprinkle a small amount of baking soda on the soil around your tomato plants to lower the acidity levels. (The lower the acid level, the sweeter your tomatoes). Just make sure the baking soda does not get on the plant.

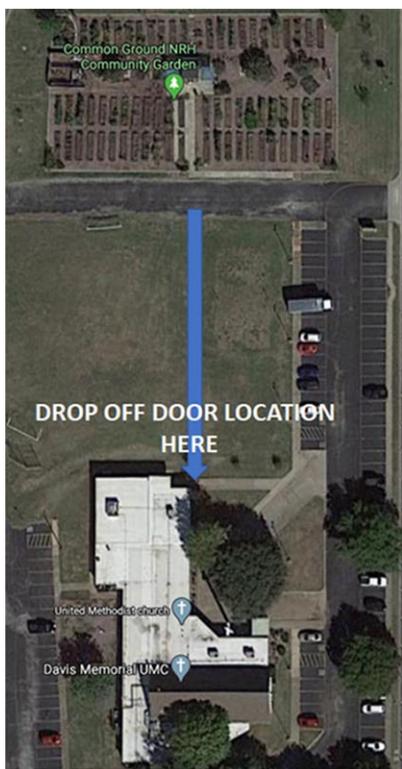


COVID-19 INFO: Public health rules we need to follow as a gardening group at Common Ground:

- Please be respectful of other gardeners and practice social distancing (6' or more) while at the garden.
- Don't come to the garden if you are sick.
- Ten or less gardeners in the garden at one time per the amended 3-20-2020 Declaration of Local Disaster.
- Bring your Handi Wipes and/or hand sanitizer to use at the garden while you are there.



DAVIS METHODIST CHURCH COMMUNITY TABLE FOOD DONATIONS



Community Table Food Donation: The dates and times for our gardeners to share as much of their vegetables and/or other perishable and non-perishable items as they can, are as follows:

MONDAY, TUESDAY & THURSDAY
Between the hours of 9am and 12 noon.

Tuesdays from 4pm to 7:30pm are for, stay in car, drive-thru for families in need. This is the only time/way they can pick up food during the COVID-19 restrictions.

You can also drop off food at this time at the drop off door or use the drive through and stay in your car, whichever you are comfortable with.

There will be a drop off crate at the north door entrance location (noted on the map) for you to put your vegetables. They ask that you knock on the door, so their helper Hanna knows you are there. When you see her, just leave and she will bring the vegetables inside to their coolers.

Please practice the 6 ft. rule of "Social Distancing" while donating and at the garden. No more than 10 people at one time in the garden, please.

Please clean the vegetables before leaving them in the donation crate.

Just a suggestion, leafy items like lettuce/kale do better if put in a plastic bag with a little water they can soak up to stay fresh while you pick.

**PLEASE BE GENEROUS AND SHARE WHEN YOU ARE ABLE.
YES! WE CAN MAKE A DIFFERENCE**



Put a smile on someone's face. Add a flower to your donation!